

TAEKWON-DO

태권도

KICKBOXING



STEVEN MCLAREN MARTIAL ARTS

CONFIDENCE
DISCIPLINE
RESPECT
FITNESS
COORDINATION
GET FIT
HAVE FUN!



CLASSES SUITABLE FOR ALL AGES & ABILITIES

MONDAY

5pm Junior Taekwondo
6-10 years
6pm Taekwondo
7pm Kickboxing
8pm Taekwondo
(Black Belts only)

TUESDAY

4.45pm Fit Kids Kickboxing
7-12years

WEDNESDAY

4pm Kids Taekwondo
6-8 years
5pm Taekwondo
9-12 years
6pm Taekwondo 13+

THURSDAY

8pm Taekwondo

FRIDAY

6pm Kids Kickboxing
7pm Kickboxing

SATURDAY

9:45am Kids Taekwondo
6-8years
12pm Taekwondo all levels

CALL NOW FOR YOUR FREE TRIAL

PEAK PERFORMANCE
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